

pro touch

# **EMOTIONAL INTELLIGENCE TRAINER AND COACH**

**BECOME A  
SUCCESSFUL  
EMOTIONAL  
INTELLIGENCE  
TRAINER AND  
COACH**

[www.protouchpro.com](http://www.protouchpro.com)



# INTERNATIONAL ACCREDITATION



Protouch is recognized by SHRM to offer Professional Development Credits (PDCs) for SHRM-CP<sup>®</sup> or SHRM-SCP<sup>®</sup>



The use of this official seal confirms that this Activity has met HR Certification Institute's<sup>®</sup> (HRCI<sup>®</sup>) criteria for recertification credit pre-approval.



The CPD Standards Office  
CPD PROVIDER: 22381  
2022-2023  
[www.cpdstandards.com](http://www.cpdstandards.com)

The CPD is recognized globally for continuous professional learning and development. With CPD accreditation, Protouch is well-positioned to provide the necessary skills and knowledge to succeed.

# **PRO TOUCH ADVANTAGE**

**1000 +  
CERTIFIED  
TRAINERS**

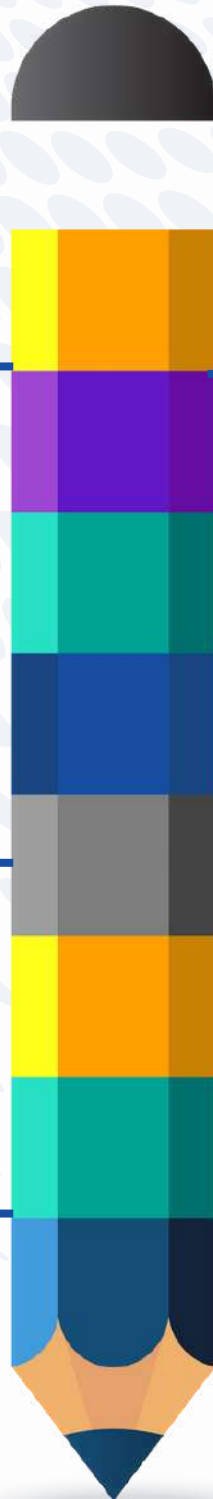
**300 +  
CORPORATE  
CLIENTS**

**CONTENT**

**READYMADE  
TEMPLATES  
REQUIRED FOR  
TRAINERS**

**100 +  
EMOTIONAL  
INTELLIGENCE  
PROGRAMS  
CONDUCTED**

**4 INTERNATIONAL  
CERTIFICATIONS  
CPD, SHRM, HRCI  
AND ISO  
CERTIFICATION**



# INTERNATIONAL CERTIFICATES

## CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS AWARDED TO  
**YOUR NAME HERE**

for satisfactorily completing  
**Certified Emotional Intelligence  
Train The Trainer**  
and assessment as prescribed by the Institute  
Certificate Number: PRO/23/XX/04/XX  
Issue date: 20/XX/2023

DR. APARNA SETHI  
Director

SHRM  
 RECERTIFICATION  
 PROVIDER  
 2023

## CERTIFICATION OF COMPLETION

THIS IS TO CERTIFY THAT

# YOUR NAME HERE

has completed the **Certified Emotional Intelligence - Train The Trainer**  
offered by Protouch (Certificate No. PRO/23/XX/XX/01)

DR. APARNA SETHI  
PROTOUCH

HRCI CERTIFICATION  
 INSTITUTE™

This Program ID No. TEX612, has been approved for 20 PDCs (General Recertification credit hours towards aPAC®, aPAC2™, aPAC3, aPAC4, aPAC5, aPAC6, aPAC7, aPAC8, aPAC9, aPAC10, aPAC11, aPAC12, aPAC13, aPAC14, aPAC15, aPAC16, aPAC17, aPAC18, aPAC19, aPAC20) and SHRM® certification through HRCI Certification Institute™ (HRCI).

## OFFICIAL CPD CERTIFICATE & LEARNING REFLECTION TOOL

THE CPD STANDARDS OFFICE  
CPD PROVIDER# 22381  
9020-2424  
[www.cpdstandards.com](http://www.cpdstandards.com)

This certificate verifies that

Your Name Here

Has completed The CPD Standards Office CPD accredited activity: 22381/4  
**Certified Emotional Intelligence Coach**  
This activity equates to 20 hours of CPD

Delivered by:  
**Protouchpro Services Private Limited**  
CPD Standards Office Provider No: 22381

Signed: 
Date: 12 - XXX - 2023

## Certificate of Completion

This Acknowledges That

# YOUR NAME HERE

Completed the **Certified Emotional Intelligence Trainer**  
Offered by **Protouch** (Certificate No. PRO/23/10/XX/XX)

And has earned 20 PDCs towards SHRM recertification. Activity ID: 23-XXXXX  
**Topics Covered: Emotional Intelligence**

Signature of Affiliate Representative  
 Dr. Aparna Sethi - PROTOUCH

08 - XX - 2023  
 Date of Completion of Course

PROTOUCH is approved by SHRM to offer Professional Development Credits (PDCs) for the SHRM Certification Program (SHRM-CPE) by SHRM (SCP). For more information about SHRM certification or recertification, please visit [www.shrmcertification.org](http://www.shrmcertification.org)

# ABOUT THE PROGRAMME

By the successful completion of the program, participants will be able to:

- **Conduct Emotional Intelligence Workshops:** As a certified emotional intelligence trainers, participants can design and deliver workshops focused on developing emotional intelligence skills in individuals and groups.
- **Train and Mentor Others:** With your certification, you can train and mentor aspiring emotional intelligence trainers. You can share your expertise and guide others to become effective trainers in this field.
- **Offer Consulting Services as Mentor and Coach:** As a certified emotional intelligence trainer, participants can establish their own consultancy or work with existing consulting firms, offering their expertise to businesses and individuals seeking to improve emotional intelligence.

# **WHO SHOULD ATTEND**



**New Potential Trainers  
(freelance and/or  
corporate)**

**Corporate Trainers**

**Experienced trainers who  
want to enhance their  
skills**

**Professional trainers who  
want to get certified by  
PROTOUCH**

# **TRAINING**

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# **METHODOLOGY**

**Audio-Video**

**Interactive Presentation**

**Case Studies**

**Roleplay**

**Activity Sheets**



**Study Material:**  
**Pre-preparation Online Module**  
**Workbook, PowerPoint presentation, Videos, Templates and**  
**Training Activity Sheets**

# MODULE PLAN

## 2 Days full day - Live Sessions ( 20 Hours )

1

### INTRODUCTION TO EMOTIONAL INTELLIGENCE (EI)

- EI Training market
- EI Training Objectives
- Understanding of EI
- The five components of EI
- Benefits of developing EI for individuals and organizations
- Various activities to deliver effective EI training

2

### SELF-AWARENESS

- **Enhancing self-awareness: Recognizing emotions, triggers, and behavioural patterns**
- **Strategies for Enhancing Self-Awareness**
- **Applying Self-Awareness in Real Life**
- **Various activities to deliver effective EI training**

3

### SELF-MANAGEMENT

- **Understand the concept of self-management within EI.**
- **Learn strategies and techniques to enhance self-management skills.**
- **Apply self-management techniques to improve personal and professional life.**
- **Various activities to deliver practical EI training**

4

### SELF MOTIVATION

- **Explore the role of self-motivation in EI.**
- **Intrinsic and Extrinsic Motivation**
- **Techniques for Sustaining Self-Motivation**
- **Various activities to deliver effective EI training**



# **MODULE PLAN**

**5**

## **EMPATHY**

- The empathy-building process
- Ear to hear
- Developing emotional intelligence to enhance empathy
- Various activities to deliver effective EI training

**6**

## **SOCIAL SKILLS**

- Types of social skills
- The role of social skills in teamwork and leadership
- Conflict resolution techniques
- Various activities to deliver practical EI training

**7**

## **EMOTIONAL INTELLIGENCE ASSESSMENT TOOLS**

- Introduction to various emotional intelligence assessment tools
- Administering and interpreting emotional intelligence assessments
- Using assessment results to design personalized development plans
- Various activities to deliver effective EI training

**8**

## **EMOTIONAL INTELLIGENCE TRAINING AND FACILITATION**

- Principles of effective training design for emotional intelligence development
- Structuring and delivering emotional intelligence workshops and coaching sessions
- Practice facilitation with feedback and coaching

# MEDIA COVERAGE



Sun, Oct 2nd, 2022 10:30:14 AM

## News Worlds

Entertainment, Breaking News, Sports

HOME PRIVACY POLICY

NEWS

### Business News | Protouch Successfully Certified 1000 Trainers, Bridging the Big Demand for Certified Corporate Trainers

By cengizadabags

SEP 6, 2022 £1,000. big, bridging, business, certified, corporate, demand, for, news, protouch.

Corporate Finance

### Protouch certifies 1000 trainers; Meets demand for certified corporate trainers

Kludia Weismüller · 4 weeks ago · 2 minutes read



Dr. Aparna Sethi  
Founder and Director of Protouch

Rahul Sethi  
Leadership Coach and Director of Protouch

9°C

## HT Hindustan Times

World Delhi Entertainment Cricket Lifestyle Astrology

Daily Digest India At 75 Festivals Quiz Videos Photos


Home / Brand Stories / Protouch certifies 1000 trainers; bridges demand of cer...

### Protouch certifies 1000 trainers; bridges demand of certified corporate trainers

Brand Stories

Published on Sep 06, 2022 07:03 PM IST

With a vision to impact lives by creating limitless opportunities, Protouch provides 360-degree training solutions from entry-level to senior management



# TESTIMONIALS

“ I would like to thank Dr. Aparna for organizing such a wonderful session on EI. I really appreciate the way she gave attention to each individual. Overall it was a complete package consisting of introspection and finding oneself. Highly recommend it if you are truly interested in developing your human character/ emotions.”



**KAMAL JEET**

Hero Motocorp Ltd



**Kshitija Ondkar**

2 reviews



★★★★★ 3 weeks ago **NEW**

Protouch is really awesome place for corporate training .they guide you with proper attention to each and every students.



**preity soreng**

1 review



★★★★★ 4 weeks ago **NEW**

Hi! The classes of Protouch Training Institute gave a lot insight full practical knowledge of the corporate world through which now i can go freely to any of the organisation where I can utilise my skills and experience to the company's goal.The session were so practical where I can see how the organisation work without even entering .I am very much grateful to the Protouch Team.Thank you!



# PROTOUCH ALUMNI



SAMSUNG



Happy pet. Happy You.



DCB BANK



genpact adani



पावरग्रिड  
POWERGRID





**Dr. Aparna Sethi is a seasoned HR professional with over 20 years of experience in human resource management.**

**She has a Ph.D in Management and HR and expertise in employee development and coaching.**

**Dr. Sethi, an esteemed authority in Emotional Intelligence, has enlightened and empowered over a thousand corporate executives spanning diverse industries. Her training has ignited the flame of emotional intelligence, sparking a wave of positive transformation across the corporate landscape.**

**Dr. Aparna Sethi**

Founder Protouch

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**Rahul Sethi is a corporate professional with over 25 years of experience. He is a globally recognized thought leader and has been listed among the top 200 in his field.**

**He is an awardee for education excellence and has been trained by the International Association of Business Analytics.**

**His wealth of experience and expertise make him a valuable asset to any organization.**

## **Rahul Sethi**

**Corporate Trainer |  
Leadership Coach**

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# PROTOUCH

## About us

Protouch is one of the most admired talent transformational and reskilling organisations enabling sustainable business and organisational culture impact. An ISO 9001:2015 certified company, its mission is to improve business productivity and enhance leadership development across the organisation. It is providing 360 degree training solutions from entry-level to senior management. It imparts highly engaging corporate trainings, workshops and coaching services with a clear focus on results while developing holistic learning for the participants.

Protouch reskilling institute works extensively in the area of skill enhancement and youth employability. Hundreds of young professionals every year accelerate their careers by undertaking its wide range of certification programmes. These programmes are delivered through 100% practical approach by an experienced team of industry experts.

Protouch has successfully partnered with Times Group through which it provides executive education for working professionals from premium management institutes.

Protouch training programmes and its alums of the reskilling center has been widely recognized across various respectable forums and organisations.

# CERTIFICATION PROGRAMMES



  
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## HR GENERALIST

STAND OUT IN A CROWD WITH YOUR PRACTICAL ABILITIES AS AN HR GENERALIST

[www.protouchpro.com](http://www.protouchpro.com)



  
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## CORPORATE TRAINER & FACILITATOR CERTIFICATION

BECOME A SUCCESSFUL CORPORATE TRAINER AND FACILITATOR WITH THE STATE-OF-THE-ART SKILLS

[www.protouchpro.com](http://www.protouchpro.com)



  
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## HR ANALYTICS

ELEVATE YOUR CAREER AND DRIVE BETTER BUSINESS RESULTS WITH OUR COMPREHENSIVE HR ANALYTICS COURSE, WHERE WE WILL BE GIVING YOU THE TOOLS TO TURN DATA INTO ACTIONABLE INSIGHTS

[www.protouchpro.com](http://www.protouchpro.com)



  
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## TRAIN THE TRAINER POSH

LEARN BEST PRACTICES FROM EXPERTS FOR PREVENTING AND ADDRESSING SEXUAL HARASSMENT IN THE WORKPLACE

[www.protouchpro.com](http://www.protouchpro.com)



  
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## CERTIFIED PRACTITIONER COACH

BE AN INTERNATIONAL CERTIFIED PROFESSIONAL COACH TO FAST TRACK OR KICKSTART YOUR COACHING JOURNEY

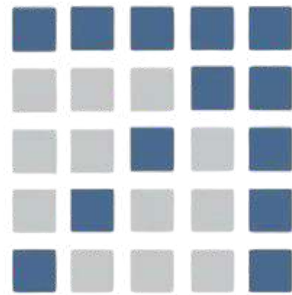
[www.protouchpro.com](http://www.protouchpro.com)



# SELF PACE PROGRAMMES



For more details on Self Pace Programmes  
[www.online.protouchpro.com](http://www.online.protouchpro.com)



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**[www.protouchpro.com](http://www.protouchpro.com)**



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